



Transition Fair 2023

Our annual Transition Fair was held on Friday, October 10th this year. Transition Fair is an event Frostig School takes great pride in. As advocates for our students, we want to help them follow their passions and become who they want to be.

Each year our Transition Team, Danette Winslow (Transition Director) and Ana Ortiz (Transition Counselor), invite various agencies and post-secondary programs to the fair to share information on their organizations. Some of the vendors included Pasadena City College, AbilityFirst: EmployAbility, DaniMation, GameGen, Tierra Del Sol, Glendale Community College DSPS, and many more incredible organizations! Students and families then have the opportunity to walk around the fair and learn about the opportunities that our attendees offer. Danette





explained that this year, "was the first year we came back with a full list of vendors since prior to the pandemic and it all worked out really well, especially with the vendors being spread out across campus."

During the event, students use a worksheet to document what organizations stood out to them and what they are interested in pursuing. One student shared that, "because I want to work in a boba shop, I was interested in PCC's Job Training Program!" This event always provides students with inspiration and ideas for what they want to do in the future. Frostig continues to shine because of its Falcon Community and teamwork!

Thank you to everyone who helped make this event such a success.

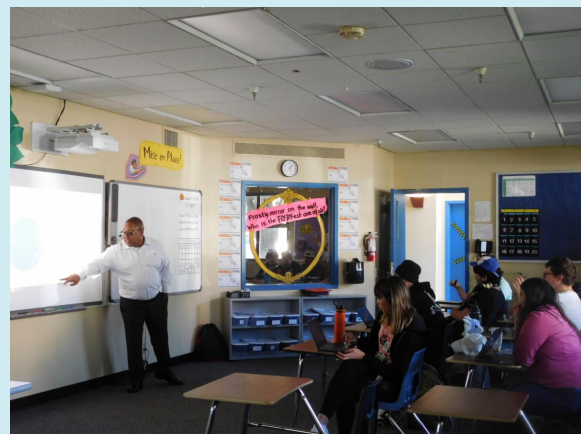


MEET FSW P.E. COACH, CARA CHAMBRELLO!

I am so thrilled to be a part of the community at FSW! Since graduating college with a B.A. in Psychology, I started my work in the education system in Massachusetts. I felt a special connection to my students/families and purpose in this field while also working outside of school hours as a coach (cross country) and as an indoor cycling + yoga instructor. I moved to California with my husband about 8 years ago, and we are actually both P.E. teachers now! My goal for my students is for them to find joy and fun for movement, excitement towards their efforts + personal growth, and supportive + respectful attitudes for themselves and their teammates. I look forward to growing alongside this awesome community at FSW!

Financial Awareness Workshop in High School

Being financially knowledgeable is very important for success, since financial decisions and money management are a part of everyday life. One of Frostig's main goals is to set our students' up for success after they graduate. Suzette's Advanced Life Skills course for seniors provides assistance with life skills that



students will be able to use outside of the classroom. The Financial Awareness workshops are a portion of this course and this year are being held on 10/11, 10/18, 10/26 and 11/1 and 11/2. Each year, a representative from City National Bank visits Frostig to teach the financial awareness workshop! This year, Marcus Johnson, who leads the Client Contact Center for City National Bank, led the workshop. The course assists students in gaining knowledge of topics such as Banking Basics, Mobile Banking, Identity Theft, Credit, and Budgeting. Students have the ability to not only learn about these topics but also apply these topics to their lives and plan short/medium/long term financial goals.

Each year, our students not only have huge takeaways from this workshop, but have a lot of fun preparing for their financial futures!



Fall Festival 2023!

Another year of Fall Festival means another year of family fun! This year Frostig Pasadena's Fall Festival was held on October 20th to celebrate the spirit of fall. Families and friends were welcomed to campus for Trunk-or-Treat, a variety of games, dinner, dessert and so much more! A highlight of our event was the "Glow City" artwork made by students of all ages at Frostig inspired by the work of Ana Serrano. The students' sculptures can be seen in the bottom right photo.



A Message from the Director of Frostig West, Kim Petrarca



The 2023-2024 school year is off to a great start here at Frostig School West! We have the highest enrollment we've ever had with a total of 21 students, and we're continuing to grow. We started the year with a great community building "Back to School Pool Party" sponsored by one of our elementary school families, and we've been building our community ever since. Last week we went on our first field trip of the year to Mr. Bones Pumpkin patch where the students participated in a hay maze, petting zoo, bounce house, slide, pumpkin decorating, and even learned about the history of pumpkins. This week we have Spirit Week, including a Halloween Celebration on Halloween sponsored by our wonderful Parents Association. In addition to our academic, SEL, and P.E. curriculum, we started a new elective program this year which we're calling our "Artist in Residency" Program. More to come about that soon, but the students are loving it! We are looking forward to more learning, field

trips, and community building throughout the remainder of the school year!

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